



## WHAT ARE THE ESSENTIAL SKILLS?

Essential Skills are the basic building blocks upon which all career development depends. Whether you are just entering the workforce or readying to retire, Essential Skills enable and ensure your success.

## WHY ESSENTIAL SKILLS 3G?

Essential Skills do more than just help you perform the tasks required in your occupation, they provide you with a foundation for learning other skills and enhance your ability to innovate and adapt to change. They improve your participation and quality of life.

Our Essential Skills assessments address more skills than any other assessment in Canada, allowing us to develop your skills more fully, and focus our efforts where and when it will benefit you the most.

By assessing for 7 of the 9 Essential Skills we offer the broadest and most effective tool in the country, providing you with the greatest results and best opportunities available.

## PARTNERING ACROSS CANADA

VanAsep is proudly collaborating with ASEPs across the country to bring Essential Skills 3G to all Aboriginal people.

### PARTNERSHIPS INCLUDE

 Human Resources and Skills Development Canada / Ressources humaines et Développement des compétences Canada



## Training Aboriginal People for Success



**VanAsep**  
TRAINING SOCIETY

FOR INFORMATION ON TRAINING OPPORTUNITIES PLEASE CONTACT US:

**VanAsep Training Society**

#808 – 100 Park Royal South  
West Vancouver BC, V7T 1A2

604. 925. 2180

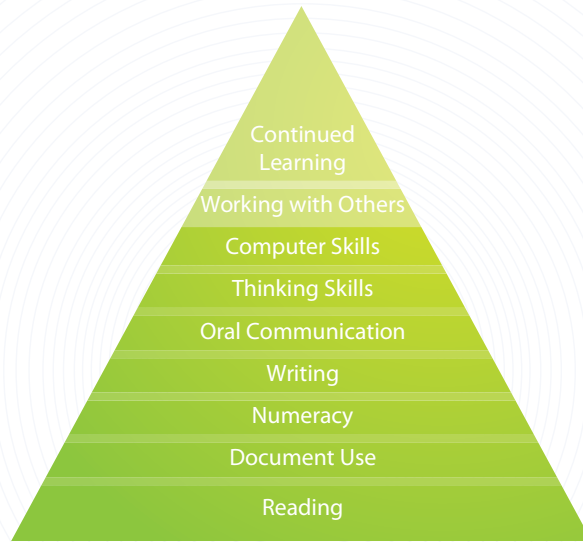
[www.vanasep.ca](http://www.vanasep.ca)

# ESSENTIAL SKILLS 3G

YOUR CAREER STARTS HERE



**VanAsep**  
TRAINING SOCIETY



the **9** ESSENTIAL SKILLS

**VANASEP PROVIDES ASSISTANCE WITH THESE ESSENTIAL SKILLS:**

- ✓ Reading
- ✓ Numeracy (math)
- ✓ Oral Communication
- ✓ Computer Skills
- ✓ Document Use
- ✓ Writing
- ✓ Thinking Skills
- and more...

# AS EASY AS 1-2-3

## HERE'S HOW IT WORKS:

### 1 CONTACT VANASEP TODAY.

A training advisor will create an online account that gives you access to a user guide and over 58 occupation assessments and learning plans.

### 2 LOG-IN AND COMPLETE THE ASSESSMENTS.

There is no time limit but each assessment will take approximately 20 minutes to complete. The results are immediately calculated and accessible to determine your skill level and identify your learning plan.

### 3 DEVELOP A LEARNING PLAN.

Based on the results of your assessments, you and your Job Coach work together to develop a learning plan specific to your needs and aptitudes.



VanAsep students Alexia Batsoulas (left) & Rena White (right) with instructor TJ Sander

*I am one of the lucky students who were accepted into VanAsep's Supply Chain Training Program. It was a great experience and opened my eyes to a lot of new possibilities. I feel empowered by the skills I gained through great teachers, job coaches and hands-on experience. I feel more confident as I step into the workforce.*

— ALEXIA BATSOULAS

# 58 OCCUPATIONS & GROWING:

## VANASEP ESSENTIAL SKILLS OCCUPATIONS

- |   |                               |
|---|-------------------------------|
| 1 Administrative Clerks                       | 29 Ironworker - Generalist    |
| 2 Automotive Painter                          | 30 Ironworker - Reinforcing   |
| 3 Automotive Service Technician (Mechanic)    | 31 Kitchen Helper             |
| 4 Baker                                       | 32 Lather                     |
| 5 Bartender                                   | 33 Room Attendant             |
| 6 Boilermaker                                 | 34 Longshore Worker           |
| 7 Bricklayer (Mason)                          | 35 Material Handler           |
| 8 Driver (Bus, Van or Truck)                  | 36 Meatcutter                 |
| 9 Cabinetmaker                                | 37 Mechanical Inspectors      |
| 10 Carpenter                                  | 38 Mill Operator Helper       |
| 11 Cashier                                    | 39 Motor Vehicle Body Repair  |
| 12 Concrete Finisher (Cement Mason)           | 40 Motorcycle Mechanic        |
| 13 Construction Labourers                     | 41 Order Picker - Selector    |
| 14 Cook                                       | 42 Painter                    |
| 15 Tower Crane Operator                       | 43 Plumber                    |
| 16 Dispatcher                                 | 44 Power Line Technician      |
| 17 Driller                                    | 45 Powerplant Operator        |
| 18 Construction Electrician                   | 46 Purchasing/Inventory Clerk |
| 19 Industrial Electrician                     | 47 Railway Seasonal Worker    |
| 20 First Aid Attendant                        | 48 Railcar Mechanic - Trainee |
| 21 Floorcovering Installer                    | 49 Railway Conductor          |
| 22 Food and Beverage Server                   | 50 Railway Diesel Mechanic    |
| 23 Glazier                                    | 51 Railway Signal Maintainer  |
| 24 Heavy Duty Equipment Technician (Mechanic) | 52 Retail Sales Associate     |
| 25 Heavy Equipment Operator                   | 53 Roofer                     |
| 26 Hotel Front Desk Clerk                     | 54 Sheet Metal Worker         |
| 27 Millwright (Industrial Mechanic)           | 55 Shipper and Receiver       |
| 28 Insulator - Heat and Frost                 | 56 Steamfitter and Pipefitter |
|   | 57 Tilesetter                 |
|   | 58 Welder                     |

CONTACT A VANASEP JOB COACH TODAY:

604. 925. 2180

[www.vanasep.ca](http://www.vanasep.ca)